



Bouncing Bulldogs hop to the top in global jump rope championship

ORLANDO, FL - On July 2-6, the Bouncing Bulldogs Jump Rope Team earned their eighth consecutive World Championship title at the World Jump Rope Championship in Orlando, Florida. 96 members from the Bulldogs competed up against 950 of the world's best jumpers representing 29 different countries.

The Bulldogs earned a grand total of 129 awards in single rope and Double Dutch events: 39 bronze, 44 silver, and 46 gold. Their achievements included first prize in all-around team events as well as a team show event.

In the Junior 14 and younger division, Sophia Berry, Addie Gilner, Noah Hirsch, Lilly James, and Elena Oh were top finishers for the Single Rope and Double Dutch All-Around titles. In the Senior 15 and older category, Kenneth Cato, Alexa Cook, Anna Furlong, Liv Sallandar, and Jordyn Watkins earned gold as an All-Around group in the mixed gender division. Lena Berry, Robin Gao, Jenna McKee, and Shalini Stockmans won the Single Rope Team All-Around award for the Senior female division, and Alex Bush, Ragan Copeland, Bailey Pons and Megan Shohfi were named Senior female All-Around Double Dutch Team.

Furlong is one of three high school senior co-captains who led the Bouncing Bulldogs this year alongside Cato and Rebecca Koweek. "I think the Bulldogs have continued to perform so consistently at competition over the years because of the emphasis placed on the success of the entire team," said Furlong. "After months of disciplined training, a true sense of camaraderie exists between jumpers of all ages, and there is a motivation to perform one's very best in order to uphold the Bulldogs' commitment to excellence."

Founder and director of the Bulldogs for 31 years, Coach Fredrick expressed gratitude for the support his jump rope program receives each year.

"I would like to thank the parents, community, but most importantly, the students athletes for buying into the process of working hard to be the best. We are honored to continue to support the Chapel Hill-Durham community," said Fredrick.

This disciplined, hard-working and collaborative team demonstrates that jump rope is more than just a form of exercise.