# 2024 Spring Break & Summer Camp Registration Form

Name		
Address		
City	_ State	Zip
School	Grade	Date of Birth
Parent/Guardian(s)		
Phone (Home)	(Cell)	
Email		
Allergies/Extra Notes		

I am enrolling for the following camp session(s) (please circle the corresponding dates):

# **Spring Break:**

• April - 1, 2, 3, 4, 5

## **July Sessions:**

- 1, 2, 3, 4, 5
- 8, 9, 10, 11, 12
- 15, 16, 17, 18, 19

### June Sessions:

- 12, 13, 14 (W-F)
- 17, 18, 19, 20, 21

### **August Sessions:**

- 5, 6, 7, 8, 9
- 12, 13, 14, 15, 16
- 19, 20, 21, 22, 23



## MISSION STATEMENT

The goal of the Bouncing
Bulldogs program is to promote
jump rope for fun and fitness,
and to help all children grow
physically, emotionally,
socially, and academically.
Education, good sportsmanship,
leadership, and teamwork are
emphasized among all
team members.



"The sky is NOT the limit!"

www.bouncingbulldogs.org



# Bouncing Bulldogs Jump Rope Camps 2024



Learn from the National and World Champion Bouncing Bulldogs Jump Rope Team!



Spring Break & Summer Weekdays: 8am—12pm

FUN + FOCUS + FRIENDS

(919) 493-7992

Email: coach@bouncingbulldogs.org
PO Box 2026, Chapel Hill, NC 27515
www.bouncingbulldogs.org

### **COACH FREDRICK**

# **Founder and Director**



Ray N. Fredrick, Jr. is a retired Health and Physical Education Teacher. He retired from teaching in the Chapel Hill-Carrboro City Schools System in 2007, after teaching P.E. for 30 years in the State of North Carolina.

As an internationally recognized teacher, Coach Fredrick has presented innovative jump rope techniques at camps, workshops, in-service meetings, and conventions worldwide. He has coached the Bouncing Bulldogs for 36 years.



**QUICK FACTS** 



Bouncing Bulldogs Jump Rope Camps 2024

## FOR:

Children ages 5-18 years

### WHEN:

Monday—Friday 8am—12pm

### WHERE:

Bouncing Bulldogs Community Center: 101 South White Oak Drive Chapel Hill, Durham County, NC 27707

### **COST:**

5-Day Camp Session: \$400 \*\$80 per day\*

### **CANCELLATIONS:**

If a child is accepted to camp and cannot attend for any reason, including injury, a certain portion of the fee will be refunded.

\*\$50 of the tuition will be non-refundable.

Checks should be payable to:
Bouncing Bulldogs
Online registration is also available at
www.bouncingbulldogs.org

# "It's the kids that count!"

### **HIGHLIGHTS**

- Qualified staff members
- Low student-teacher ratio
- Confidence-building experience
- Up to six different styles of jump rope taught
- Promotes physical, social, and emotional growth
- Goal setting and high expectations
- Teamwork and life values taught

### WHAT TO BRING:

- Jump rope

  Jump ropes will be available to borrow

  and for purchase
- Tennis shoes (with socks) and athletic attire
- Water bottle
- Two nutritious snacks
- A great attitude and desire to learn!



# Participant Release and Indemnity Agreement

Parent/Legal Guardian Signature (if under 18 years old)