



## ***Bouncing Bulldogs Shine in International Competitions***

BRAGA, PORTUGAL - The locally based Bouncing Bulldogs Jump Rope Team earned global recognition this July, bouncing their way to success in two international championships. On July 2nd-5th, a group of 60 jumpers in the Junior 14 and younger age division represented the 140-member team in the Pan-American Championship held in Orlando, Florida while another 50 Bulldogs, primarily from the Senior 15 and older division, competed in Braga, Portugal on July 19th-27th at the World Jump Rope Championships.

The World Championships featured a premier set of 650 jumpers from 57 different teams and 25 different countries.

All 110 Bouncing Bulldogs excelled in numerous single rope and Double Dutch events, earning a combined total of 273 awards: 123 gold, 74 silver, and 76 bronze. Based on the results, the Bulldogs' performance on a global platform exceeded their high standards of excellence on and off the competition floor.

Coach Ray Fredrick expressed his pride for each team member who competed in Orlando and Portugal. "The thing that made me most proud was hearing the Chapel Hill-Durham name mentioned over and over throughout both competitions as the program is so honored to be able to represent this community. The program would also like to thank our high school senior class for their strong leadership," he said.

In preparation for competition, the Bulldogs work tirelessly and commit to countless hours of training for the purpose of building a platform on which they can help others.

"Our program puts a strong emphasis on teamwork and self-sacrifice, and that's what makes our motivation and drive so strong. The value we hold on sticking together from beginning to end is what separates us from others," said Isabel Osborne, senior captain for the Bulldogs.

This year in particular, the Bulldogs jumped to honor one of their beloved teammates and leaders, Kenzie Ruston, who died in a small plane crash earlier this year. Kenzie served as the inspiration that drove the team to excel in both events.

Team leaders for the Bouncing Bulldogs express the utmost gratitude toward families and friends of the program, and the Chapel Hill-Durham community, for their support over the past three decades and in helping to make both tournament experiences possible.